



NICKEL CITY SONS AAA HOCKEY CLUB

PLAYER AGREEMENT

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I am a member of the
Hockey team.

I agree to the following:

- 1-**In preparation for a game and during a game I will concentrate on trying to play my best in order to help the team.
- 2-**I agree that my coaches know more about hockey than I do. When a coach offers me advice or instruction, I will listen attentively and try to follow the advice.
If my initial reaction is to disagree with the advice, I will delay expressing that thought until I have had a chance to consider whether the coach might be correct.
If I do not understand something, I will ask a coach for an explanation.
- 3-**I will not criticize my teammates.
- 4-**I will not complain or sulk during a game about the amount of ice time I receive.
- 5-**If I have any problems concerning coaching decisions, my teammate's play or behavior, or any other concern related to the team, I will discuss it with my coaches after the game.....not during the game.
- 6-**I will not carry on conversation or say anything to opposing players before, during or after the game. If an opponent says something to me, I will keep my mouth shut and move promptly to my position or to the bench.
- 7-**At the conclusion of a game, I will follow exactly and promptly the coaches or referees instructions concerning staying at the bench or proceeding to the locker room "without incident". (No physical contact, threats or yapping at the opposing team.)
- 8-**I will sincerely try to avoid retaliation, fighting and unsportmanlike or misconduct penalties. I recognize that these types of penalties do not help the team and are selfish displays of temper or lack of discipline.
- 9-**It is OK to be disappointed following a loss. It is unacceptable to display that disappointment by unsportmanlike behavior or lack of class.
- 10-**During practices and games, I will listen attentively and promptly follow the coaches' instructions.
- 11-a)** I am fully committed to trying my best as a team player at all times during games and practices.
b) I am fully committed to behaving in a sportmanlike manner.
I will judge my success on how well I live up to these two commitments.

**I have read these conditions and I understand and agree,
with all eleven points.**

SIGNED: _____

